



PRECAUTIONS AGAINST COVID 19 CORONA VIRUS


Ministry of Health & Family Welfare
Government of India


Reduce the risk of Coronavirus infection Follow these important precautions




1

After coughing and sneezing


Remember to wash hands with soap frequently






4

After using toilet




2

Clean your hands before and after caring for sick person



3

Before cooking, after cooking and before eating food




If you have cough, fever or difficulty in breathing, contact a doctor immediately

Stay protected! Stay safe from Coronavirus!



If you have returned from Wuhan China after January 15, then get yourself tested for 2019-nCoV. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline


If you have returned from China in the last 15 days or have been in contact with any person affected by Coronavirus, then limit your contact with others and use a separate room for sleeping




If you develop fever, cough and difficulty in breathing within 28 days of return from China, immediately call the Ministry of Health and Family Welfare Helpline

 **+91-11-23978046**

www.mohfw.nic.in
www.mygov.in
www.pmindia.gov.in

 [mohfwindia](https://www.youtube.com/mohfwindia)
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<http://ncdc.gov.in/>
 [@director_NCDC](mailto:director_ncdc@nic.in)





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Reduce the risk of Coronavirus infection Follow these important precautions

Coronavirus is a new disease which is happening in China and has affected other countries. The virus has flu like symptoms such as:



1 Fever



2 Cough



3 Difficulty in breathing



If you have returned from Wuhan, China after January 15, then get yourself tested for 2019-nCoV. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline +91-11-23978046

If you have returned from China in the last 15 days or have been in contact with any person affected by Coronavirus, then limit your contact with others and follow these important steps:



1 Limit contact with everybody for the next 14 days and sleep in a separate room



2 Cover your nose and mouth while sneezing



3 Wash your hands with soap regularly



4 Stay far away from persons who have cough, cold and fever



If you have cough, fever or difficulty in breathing, contact a doctor immediately

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Reduce the risk of Coronavirus infection Follow these important precautions



1
Avoid travel if you are
suffering from fever and cough



2
Wash your hands frequently
with soap and water



3
Share your travel history with
your health worker (ASHA/ ANM)



If you have cough, fever
or difficulty in breathing,
contact a doctor immediately

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Reduce the risk of Coronavirus infection

Follow these important precautions



1
Wash hands with soap and water frequently



2
When coughing and sneezing, cover mouth and nose with handkerchief, tissue or elbow



3
Avoid close contact with anyone with cold, cough or flu like symptoms



If you have cough, fever or difficulty in breathing, contact a doctor immediately

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